



ENFIELD LITTLE ATHLETICS CLUB

Your Olympic dreams start here

Saint Albans Reserve

Chester Avenue, Clearview

<https://enfield.littleathletics.com.au>

Email: ENF@salaa.org.au

2026 - 2027 Season Program



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ENFIELD LITTLE ATHLETICS CLUB (ELAC)

MISSION STATEMENT OF LITTLE ATHLETICS SA

“To lead and support affiliated South Australian Little Athletics clubs to develop children of all abilities by promoting positive attitudes and a healthy lifestyle through family, fun and fitness.”

COMMITTEE 2026–2027

PRESIDENT	Tristan Rebeiro	0433 258 449
SECRETARY	Michael Zillante	0472 624 863
TREASURER	Jennifer Rees	
RECORDERS	Fabian Chevalier Claire Pennington	
REGISTRAR / UNIFORMS / CANTEEN	Raitchel Graves	
HEAD COACH	Matthew Thompson	0401 588 295
SPONSORSHIP	Claire Pennington	
CHILD SAFE OFFICER	Anne Bartholomaeus	
TINY TOTS COORDINATOR	Peter Thompson	
TINY TOTS JUNIOR LEADER	Hasianna	
SOCIAL MEDIA COORDINATOR	Rosemary Fuda	
COMMITTEE MEMBERS	Alex Salamon Scott Hughes Tim Ward	

New committee members are always welcomed and required. Please speak to a committee member above if you are interested in joining.



Enfield Little Athletics Club

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IMPORTANT INFORMATION

Welcome to our returning and new members of Enfield Little Athletics Club (ELAC).

ELAC provides athletics for children aged 3–17. This handbook contains key information for a safe and enjoyable 2026/27 Little Athletics season.

CHILD SAFETY

It is a condition of registration that a parent or caregiver remains in attendance and assists with the program whenever their child is present. This is required for insurance, safety and effective operation of the club.

The club and age-group chaperone must be informed of any medical condition that may affect a participating child, such as asthma or hay fever. Parents and caregivers must remain nearby and ensure any required medication is readily accessible.

Parents and caregivers are responsible for their child's safety during bathroom visits and should agree on a clear procedure so children do not attend alone.

Committee members, coaches and applicable volunteers must hold a current Working With Children Check. All members should remain vigilant and report child-safety concerns to the Child Safe Officer or committee members.

CHILD SAFETY RESOURCES

Volunteers and families can access current child-safety guidance through Play by the Rules (www.playbytherules.net.au) and the Little Athletics SA Policies page (salaa.org.au/policies).

PARENTAL ASSISTANCE

Little Athletics is volunteer-run and cannot operate without family assistance. Weekly duties include chaperoning an age group, officiating and measuring field events, recording results, operating timing equipment, helping in the canteen, and setting up or packing away equipment. A parent assistance roster will be issued early in the season.

Parents bring many different skills and levels of experience. Ask a committee member or coach if you are unsure—help and guidance are always available.

VOLUNTEER QUICK GUIDES



Field-event officiating videos



Seiko printing stopwatch guide

CODE OF BEHAVIOUR

Everyone at Little Athletics is expected to maintain high standards of behaviour. Current Codes of Conduct are available from the Little Athletics SA Policies page: salaa.org.au/policies.

SUNSMART POLICY

Enfield Little Athletics actively encourages members to be 'Sunsmart' at meetings, training and competitions (local, regional, state and national). A copy of the Sunsmart Policy is available from the Secretary.

SOCIAL MEDIA POLICY

ELAC uses Facebook and its website to communicate with members. Members must follow SA Little Athletics' current Social Networking Code, Code of Conduct and Taking Images of Children policy, available at salaa.org.au/policies.

WET WEATHER POLICY

If wet weather affects a home meet, the committee will decide whether to cancel, continue or run a shortened program after considering ground conditions and participant safety. Updates will be posted on the club website or Facebook page when possible.

HOT WEATHER POLICY

Wednesday training will be cancelled when the Bureau of Meteorology forecast is 35°C or higher in the Tuesday 4:00 pm forecast.

Programs may be shortened or modified when temperatures are forecast to be in the high 30s.

Sunday meets will be cancelled when the forecast is 38°C or higher in the Saturday 4:00 pm forecast. Friday twilight meets will be cancelled when the forecast is 38°C or higher in the Thursday 4:00 pm forecast. Check bom.gov.au and club communication channels for updates.

Little Athletics SA events operate under the Association's current hot-weather requirements. Check official event communications before travelling.

Enfield Little Athletics Club follows current policies issued by SA Little Athletics. These are available at salaa.org.au/policies.

INJURY AND EMERGENCY RESPONSE

Notify a committee member, stop the event and make the area safe. Contact the athlete's parent or caregiver and call 000 for a serious or life-threatening emergency. Significant incidents must be recorded. Required medication should remain readily accessible. The first-aid kit is in the canteen and the AED is in the clubrooms.

IMPORTANT EVENTS

Sunday home meets are held at Saint Albans Reserve, Chester Avenue, Clearview. Warm-up begins at 9:15 am. The club aims to finish by 11:00 am, but this may vary depending on the program and athlete attendance. Twilight meets commence at 6:00 pm.

U11–U13 INVITATIONAL MEET

Sunday 15 November 2026

Competition for eligible U11–U13 athletes. Refer to the current Little Athletics SA event information for nomination requirements and the confirmed program.

VISIT TO NORTHERN DISTRICTS ATHLETICS CLUB

Friday 20 November 2026

Venue: Bridgestone Athletics Centre, Frost Rd, Salisbury South

This annual interclub visit uses a program set by the host club. Further meet information will be provided closer to the date.

STATE PB CLASSIC #1

Sunday 22 November 2026

Venue: SA Athletics Stadium | **Entries close:** Wednesday 4 November 2026 | **Fee:** \$28 per athlete

Open to all registered Tiny Tots to U17 athletes, with no qualification standards. Except for Tiny Tots, athletes may select up to five offered events. The focus is on personal bests and gaining experience at a formal competition at SA Athletics Stadium. Parental assistance is required.

NORTH EAST CHALLENGE

Sunday 29 November 2026 • 9:00 am

Venue: St Ignatius College, Manresa Court, Athelstone

Athletes from Enfield, Magill, Campbelltown and Ingle Farm compete for the North East Challenge shield. The confirmed program will be advised closer to the event.

STATE RELAY CHAMPIONSHIPS

Sunday 13 December 2026

Venue: SA Athletics Stadium | **Nominations close:** Wednesday 25 November 2026

For registered U8–U17 athletes at SA Athletics Stadium. Teams are selected from club performances to form the strongest teams for the club. Track teams take precedence over field teams. Parental assistance with timing and chaperoning is required. Parents' 4 × 100m teams may also be entered.

U8: 4 × 70m shuttle relay for boys and girls.

U9–U16: 4 × 100m and 4 × 200m relays for boys and girls in each age group.

U17: 4 × 100m and 4 × 200m relays for boys, girls and mixed teams.

U9–U11, U12–U14 and U15–U17: Swedish medley (100m, 300m, 200m, 400m), comprising at least one boy and one girl and athletes from at least two age groups.

Field teams may be entered for long jump, high jump, shot put and discus if enough athletes nominate. Ask the Secretary if you wish to be considered.

CHRISTMAS CELEBRATION

Sunday 20 December 2026

Venue: Enfield LAC, Chester Ave, Clearview

Our final club meet before Christmas will include fun activities and a special visitor.

SALISBURY VISIT TO ENFIELD

Friday 29 January 2027

Venue: Enfield LAC, Chester Ave, Clearview

Salisbury Little Athletics Club will visit Enfield for a combined club meet. Further program information will be advised closer to the date.

STATE COMBINED EVENT CHAMPIONSHIPS

Saturday 30 and Sunday 31 January 2027

Venue: SA Athletics Stadium | **Entries close:** Wednesday 13 January 2027 | **Fee:** \$32 per athlete

U9–U13 compete in a pentathlon, while U14–U17 compete in a seven-event combined competition over two days. Athletes must be fully registered and have competed in at least three eligible club meets during the qualification period. There is no performance qualification standard. Parental assistance is required.

STATE PB CLASSIC #2

Sunday 21 February 2027

Venue: SA Athletics Stadium | **Entries close:** Wednesday 3 February 2027 | **Fee:** \$28 per athlete

Open to all registered Tiny Tots to U17 athletes, with no qualification standards. Except for Tiny Tots, athletes may select up to five offered events. A different mix of events will be available, offering another opportunity to achieve personal bests and final championship qualifiers. Parental assistance is required.

STATE INDIVIDUAL CHAMPIONSHIPS

Saturday 6 and Sunday 7 March 2027

Venue: SA Athletics Stadium | **Nominations close:** Monday 22 February 2027 | **Fee:** \$19 for each of the first three events; \$9.50 for a fourth or fifth event; maximum \$66.50

For U9–U17 athletes who satisfy the applicable qualification and quota requirements. Refer to current Little Athletics SA competition information for eligibility and event details. Parental assistance is required.

STATE CHALLENGE

Monday 8 March 2027

Venue: SA Athletics Stadium | **Nominations close:** Monday 22 February 2027 | **Fee:** \$19 for each of the first three events; \$9.50 for a fourth or fifth event; maximum \$66.50

For U8–U13 athletes who do not qualify for the State Individual Championships. Across the State Challenge and State Individual Championships, athletes may nominate for up to five events, subject to applicable eligibility and quota requirements. Parental assistance is required.

AGM AND PRESENTATION DAY

Sunday 4 April 2027

Venue: Enfield LAC, Chester Ave, Clearview

Season presentation and Annual General Meeting. Further details will be advised closer to the date.

CROSS COUNTRY SEASON

Commencing May 2027

Registration includes the cross-country season. Meets are generally held on Sundays at venues around Adelaide, with race distances varying by age group.

RACE WALKING SEASON

Dates to be confirmed

Registration also includes the race-walking season. It offers athletes a relaxed opportunity to develop technique and compete away from the athletics track on a paved parklands course.

COACHING

Coaching is held on Wednesdays from 5:30 pm to 6:30 pm at St Albans Reserve. Athletes will be divided into younger and older groups as directed by coaches. **Coaching is not offered to Tiny Tots.**

A parent or caregiver must remain for the session. Athletes should wear suitable footwear and weather-appropriate clothing and bring a drink bottle. Cancellations will be advised on Facebook and the club website.

UNIFORMS

All registered athletes must wear the approved centre uniform.

Green, black and white club polo shirt with plain black athletic shorts, sports briefs, or above-knee bike shorts/skins.

Club shirt and socks combo: **\$55**

Uniforms must comply with the current Little Athletics SA Uniform Policy. Permitted branding is limited to 30 mm × 30 mm; club logos are allowed. The Little Athletics SA logo placement and age-group requirements must also be observed.

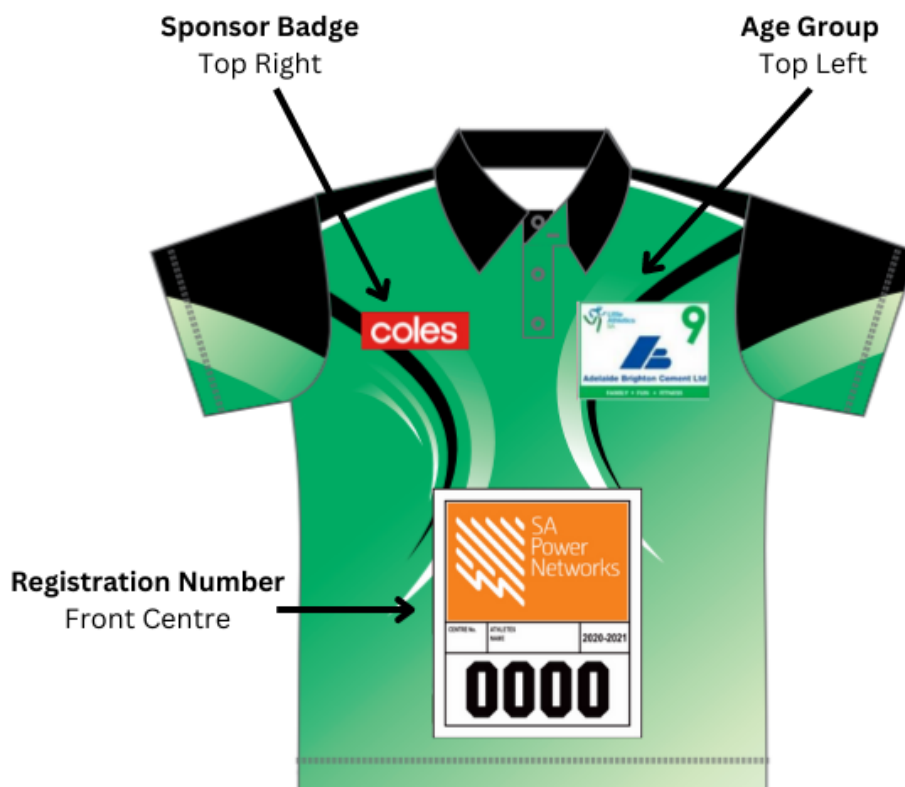
Please check uniform requirements before purchasing shorts so athletes are eligible to compete at Association events.

Correct club uniform must be worn to claim club records or to enter any state event.

Polo shirts and hats can be ordered through the club. Suitable plain black shorts may be purchased from any retailer.

Shoes are compulsory. U11–U12 athletes may wear spikes in events conducted entirely in lanes, all jumps and javelin. U13–U17 athletes may wear spikes in all track events except race walks, and in all jumps and javelin.

Starting blocks may be used by U11–U17 athletes in track events up to and including 400m.



AWARDS

ELAC supports the following incentives to motivate athletes to both attend club meetings and to perform their best throughout the season.

TINY TOTS RIBBONS

The Ribbon Award system provides an ongoing incentive for the Tiny Tots to regularly attend meets. They are presented at club meetings once the athlete fulfils the following requirements:

Yellow Ribbon	4 meetings
Red Ribbon	8 meetings
Green Ribbon	12 meetings

PARTICIPATION AWARD

Each athlete that registers for the season receives a Participation trophy at Presentation Day (Tiny Tots to U17).

IMPROVEMENT AWARDS CERTIFICATES

These certificates are presented regularly to the athletes at club meetings and are achieved by reaching various levels of points. Each athlete receives 1 point for attendance (if half of the events at a meet are attempted) and 1 point for a Personal Best performance (not for an equal PB).

Awards are:

Bronze	25 points
Silver	35 points
Gold	45 points
Diamond	55 points

AGE GROUP MEDALS

Gold, silver and bronze medals are presented in each age group at Presentation Day. Calculations are based on Improvement Points and not on elite performances. More than 13 meets must be attended to be eligible for the medal. Points earned at SALAA sanctioned events, such as Personal Best Day, contribute to the calculations of the award.

EVENT TROPHIES

Several Most Improved trophies are awarded for various events at Presentation Day. The winner is decided by a formula which takes into consideration personal best performances and elite performances (state championship qualifying times, club records and state records). To be eligible for a trophy an athlete is required to have improved in an event at least 4 times during the season.

Once an athlete has been chosen for a Most Improved Trophy in one event, they will not be eligible for a second trophy.

Season 2025/26 Most Improved athletes were:

Pit Jump	Bryson Clutton & Zoe Zillante
High Jump	Orlando Rebeiro & Narla Sarecki
Hurdles	Liam Kowald & Clara Drury
Sprints	Hudson Townsend & Annabelle Girolamo
Distance	Zack McBain & Liliana Gebiski
Walks	Xavier Tetlow
Throws	Thomas Chevalier & Ivy Hughes
Javelin	Paige Giatrakos

BEST OVERALL TROPHY

The Best overall trophy is awarded to the male and female athletes who exhibit the best performance over all events. The award takes into consideration the athlete's performance in the Multi-event, the number of events they qualified for in the State Championships and their performance at State Championships.

Thirteen meetings must be attended to be eligible. An athlete who is awarded the best All-Round Trophy is not eligible to receive a Most Improved Trophy.

The Best Overall male & female athletes in 2025/26 – **George Mlynowskyj & Grace Girolamo**.

ENCOURAGEMENT TROPHY

This trophy is awarded to both a male and female athlete, who have shown courage in the face of some form of adversity or has shown above average dedication to the sport without being recognised by another award (medal or trophy). The award is subjective and at the discretion of the committee.

Leo Downie & Emaline Webster received the encouragement trophy for season 2025/26.

CROSS COUNTRY TROPHY

The Cross-Country Trophy is awarded to the best male and female cross country athletes. To be eligible the athlete must compete in at least three of all SALAA organised cross country meetings. The winner of this trophy is awarded to the best placed athletes in the State Cross Country Championships.

The cross-country trophy was not awarded in Season 25/26

CLUB POLICY – LIFE MEMBERSHIP

Life membership of Enfield Little Athletics Club (ELAC) will be awarded to an athlete or member of the community that has made an outstanding contribution to the club by giving service as an athlete, coach, committee member or by giving regular and committed contribution to the club. Ten points must be earned by satisfying the following criteria:

Athlete: 1 point for each season.

Committee: 2 points for each year in an official position of president, secretary, treasurer, recorder or registrar.

Service to club: 1 point at the discretion of the committee.

Athletes or members of the ELAC community may submit nominations to the committee by 1 March each year. Life membership is presented at the AGM or end-of-season presentation.

ELAC SEASON PROGRAM

Enfield Little Athletics Program Season 2026/27				
Day	Date	Event	Program	Venue
SUN	20/09/2026	Come and Try / Registration Day - 9:15am		Enfield
SUN	27/09/2026	Home meet 1	A	Enfield
SUN	4/10/2026	No meet - October Long Weekend		
SUN	11/10/2026	Home meet 2 incorporating Growing for Gold	B	Enfield
SUN	18/10/2026	Home meet 3	A	Enfield
SUN	25/10/2026	Home meet 4	B	Enfield
SUN	1/11/2026	Home meet 5	A	Enfield
WED	4/11/2026	Nominations close - State PB Classic #1 (PB Day)		
SUN	8/11/2026	Home meet 6	B	Enfield
SUN	15/11/2026	Home meet 7	A	Enfield
FRI	20/11/2026	Twilight - Northern Districts Visit	As Programmed	Bridgestone Athletics Centre - Frost Road Salisbury
SUN	22/11/2026	STATE PB CLASSIC #1 (PB DAY)		SA Athletics Stadium
WED	25/11/2026	Nominations close - State Relay Championships	U8-U17	
SUN	29/11/2026	North East Challenge	As Programmed	St.Ignatius College - Manresa Court Athelstone
SUN	6/12/2026	Home meet 8	B	Enfield
FRI	11/12/2026	Twilight - Modified Program & Relay Training	As Programmed	Enfield
SUN	13/12/2026	STATE RELAY CHAMPIONSHIPS	U8-U17	SA Athletics Stadium
SUN	20/12/2026	Home Meet 9 - Christmas Celebration	A	Enfield
SUN	27/12/2026	NO MEET		
SUN	3/01/2027	NO MEET		
SUN	10/01/2027	Home Meet 10	B	Enfield
WED	13/01/2027	Nominations close - State Multi Event Championships		
SUN	17/01/2027	Home Meet 11	A	Enfield
SUN	24/01/2027	Home Meet 12	B	Enfield
FRI	29/01/2027	Twilight - Home Meet 13 (Salisbury to Visit)	A	Enfield
SAT	30/01/2027	STATE MULTI EVENT CHAMPIONSHIPS	U14-U17	SA Athletics Stadium
SUN	31/01/2027	STATE MULTI EVENT CHAMPIONSHIPS	U9-U17	SA Athletics Stadium
WED	3/02/2027	Nominations close - State PB Classic #2 (PB Day)		
SUN	7/02/2027	Home meet 14	B	Enfield
SUN	14/02/2027	Home meet 15	A	Enfield
FRI	19/02/2027	Twilight - Home meet 16	B	Enfield
SUN	21/02/2027	STATE PB CLASSIC #2 (PB DAY)		SA Athletics Stadium
MON	22/02/2027	Nominations close - State Challenge		
MON	22/02/2027	Nominations close - State Individual Championships		
SUN	28/02/2027	Home meet 17	A	Enfield
SAT	6/03/2027	STATE INDIVIDUAL CHAMPIONSHIPS	As Qualified	SA Athletics Stadium
SUN	7/03/2027	STATE INDIVIDUAL CHAMPIONSHIPS	As Qualified	SA Athletics Stadium
MON	8/03/2027	STATE CHALLENGE	U8-U13	SA Athletics Stadium
SUN	4/04/2027	AGM/Presentation		Enfield

Sunday meets start at 9:15am with a warm up (8:30am for u9-u17 programmed events of Javelin, 200/300 Hurdles, Race Walk)

Friday Twilight meets start at 6pm with a warm up (At end of meet for u9-u17 programmed events of Javelin, 200/300 Hurdles, Race Walk)

1500m events will be held at 8:30am every 4th cycle of the program

PROGRAMS

Programmed javelin, race walks and 200 m/300 m hurdles for U9–U17 athletes commence at 8:30 am. All other events commence following the 9:15 am warm-up.

Program A							
U6	50m	Discus 350g	100m	Long Jump 2	300m		
U7	50m	Long Jump 1	100m	Shot Put 1 1kg	500m	Vortex	
U8	Discus 350g	200m	100m	High Jump (Mat 1)	700m		
U9	70m	Shot Put 2 2kg	High Jump (Mat 1)	200m	Turbo Jav	800m	
U10	200m	70m	Long Jump 2	Discus 1 500g	800m	Turbo Jav	
U11	Long Jump 1	100m	Discus 2 500g	400m	High Jump (Mat 2)	1500m Run	Javelin
U12	High Jump (Mat 2)	100m	Discus 2 750g	400m	Long Jump	1500m Run	Javelin
U13-U17	Triple Jump	100m	Shot Put 3/4/5kg	400m	1500m Run	Javelin	

Program B							
U6	Mini Hurdles 20cm	Shot Put 1 kg	Long Jump 2	200m	Vortex	70m	
U7	Mini Hurdles 30cm	Long Jump 1	200m	Discus 1 350g	70m		
U8	60m Hurdles 45cm	Shot Put 1.5kg	Long Jump	70m	Vortex	400m	
U9	Discus 500g	60m Hurdles 45cm	100m	Long Jump 2	400m	700m walk	
U10	High Jump (Mat 1)	60m Hurdles 60cm	100m	Shot Put 2kg	400m	1100m walk	
U11	200m	80m Hurdles 60cm	Shot Put 2kg	Triple Jump	1100m walk	800m	
U12	Triple Jump	80m Hurdles 68cm	Shot Put 2kg	200m	1500m walk	800m	
U13-U17	1500m walk & 200/300 Hurdles	200m	High Jump (Mat 1)	Sprint Hurdles	Discus	Long Jump	800m

TRACK EVENT LOCATIONS:

Track	Track Events
Inside	Sprints: 50m, 70m, 100m Hurdles: 60m, 80m, 90m, 100m, 110m
Outside	Sprints: 200m, 300m, 400m, 500m, 700m, 800m, 1500m Walks: 700, 1100m, 1500m Hurdles: 200m, 300m

FIELD EVENT LOCATIONS:

Event	Location: Juniors (U6 – U11)	Location: Seniors (U12 – U17)
Shot Put	Either Shot Circle	Eastern Shot Circle
Discus	Eastern Cage	Western Cage
Javelin	U11 (East) Javelin Field	(East) Javelin Field
Long/Triple Jump	Any Long Jump Pit	Any Long Jump Pit
High Jump	U8 - U10: Mat 1 U11: Mat 2	Mat 2

NOTES ON EVENTS

SPRINTING

Always keep within the lanes in the sprint and hurdle events.

Never look around to see where your opponents are, and always run through (past) the finish line.

Spikes are not allowed for 200m Relay runners except for the first runner who stays in their lane!

HURDLES

Age Group	Distance	Height
U6	60m	20cm
U7	60m	30cm
U8 – U9	60m	45cm
U10	60m	60cm
U11	80m	60cm
U12	80m	68cm
U13 – U14 G	80m	76cm
U14B and U15 – U16G	90m	76cm
U15 and U16B, U17G	100m	76cm
U17B	110m	76cm
U13	200m	68cm
U14	200m	76cm
U15 – U17	300m	76cm

Never run the wrong way over the hurdles.

RACE WALKING

In race walking, there must be no visible loss of contact with the ground. The advancing leg must be straightened from first contact with the ground until it reaches the vertical upright position.

Because of these rules, cautions and disqualifications can occur. It must be emphasised that disqualifications in race walking are technical and not moral censures. Disqualifications at centre level enable walkers to work on their faults and hopefully avoid the same problems in championships.

Distances:

Age Group	Distance
U9	700m
U10 – U11	1100m
U12 – U17	1500m

HIGH JUMP

Each athlete may attempt each height up to three times. An athlete is eliminated after three successive failed trials, which need not occur at the same height. The allotted trial time applies. At home meets, athletes may have a maximum of eight jumps for the competition.

Recommended bar increments more than six athletes remaining – 5cm; six or fewer – 3cm; three or fewer – 2cm. The first two increases must be 5cm.

Try and start on a different number each time so all athletes have a chance of PBs, for example 0.80cm one week, 0.81cm the next week, then 0.82cm etc. Please ensure athletes are starting at a height no less than 15 centimetres of their PB.

Each age group **MUST USE** the high jump mat allocated to that Age Group:

U8 – U10 Mat 1: 150mm thick

U11 – U17 Mat 2: 500mm thick

Scissor jumps are compulsory for U8 to U10. Any other jump type for U8 to U10 will count as a failed attempt.

LONG JUMP AND TRIPLE JUMP

U8 – U10 take-off mat is 0.5 m × 1.22 m and is positioned 50 cm from the pit.

U11 – U17 use take-off board of 200mm width.

All ages attempt the long jump, U11 – U17 also do the triple jump.

All jumps are measured from the nearest break in the sand made by any part of the body or limbs to the take-off board or imprint of the athlete's foot in the take-off mat. If the take-off is before the mat, the back of the mat is used as the measure.

Triple jump must be a hop-step-jump sequence beginning behind the take-off and measured the same as for Long Jump.

THROWING EVENTS

The shot is put and the discus thrown from a circle.

A foul is called if any part of the athlete's foot goes outside of the front of the circle, if they leave from the front of the circle, or if the shot or discus lands outside the throwing sector.

In the case of the shot, the ball must be put not thrown. That is, it must be put from the shoulder close to the neck and the hand must not go behind the line of the shoulders or drop away from the neck.

SHOTPUT

Age Group	Weight	Colour code
U6 - U7	1 kg	Blue
U8	1.5 kg	Yellow
U9 – U12	2 kg	Orange
U13 – U14B	3 kg	White
U13 – U17G	3 kg	White
U15 – U16B	4 kg	Red
U17B	5 kg	Green

DISCUS

Age Group	Weight
U6 – U7	350g
U8 – U11	500g
U12 – U13	750g
U14 - 16B	1kg
U14 - 17G	1 kg
U17B	1.5 kg

JAVELIN

Age Group	Weight
U11 - U12B	400g
U11 – U14G	400g
U15 – U17G	500g
U13 – U14B	600g
U15 – U17B	700g

Never throw discus, shot or javelin back to the circle – always carry them.

Always keep behind the thrower and don't throw until you have looked to see that the sector is clear.

CLUB RECORDS

UNDER 6 BOYS				UNDER 6 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
40m*	S.Subramaniam Sam Giatrakos Luis Lawrie-Lattanzio	7.7 (7.94)	1994/95 2007/08	40m*	Charlotte Osland	8.2 (8.44)	1993/94
50m	Yuew Baak	9.34	2020/21	50m	Annabelle Girolamo	9.61	2025/26
70m	Alex Marafiotte	12.94	1989/90	70m	Annabelle Girolamo	13.37	2025/26
100m	Yuew Baak	18.17	2020/21	100m	Charlotte Osland	18.94	1993/94
200m	Paul Buhagiar Yeuw Baak	41.2 (41.44)	1975/76 2020/21	200m	Georgina Kain	37.9 (38.14)	1978/79
300m	Joshua Henry	1.07.0	2014/15	300m	Keeleigh Obst	1.14.0	2012/13
60mH Old*				60mH Old*	C.Mussared	14.0 (14.24)	
60mH Mini	Yuew Baak	12.03	2020/21	60mH Mini	Annabelle Girolamo	12.20	2025/26
200mW*	Sam Giatrakos	1.21.6	1994/95	200mW*	Charlotte Osland	1.23.5	1993/94
SP -1kg	Yuew Baak	6.77	2020/21	SP 1kg	Ella Tonkin	5.14	2008/09
Disc - 350g	Amuda Allen	17.31	1990/91	Disc - 350g	Isabella Zillante	12.09	2014/15
LJ	Yieu Baak	3.15	2020/21	LJ	Annabelle Girolamo	2.93	2025/26
HJ*	Riley Meldrum	0.95	2007/08	HJ*	Thalia Andray Jadaisha Warrior	0.85	2006/07 2008/09
Vortex	Kenan Abeysirwerdane	17.98	2023/24	Vortex	Indigo Rebeiro	10.86	2025/26

UNDER 7 BOYS				UNDER 7 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
40m*	M. Nariniecki	7.2 (7.44)	1994/95	40m*	Kate Shierlaw	7.5 (7.74)	1995/96
50m	Yuew Baak	8.76	2021/22	50m	Manaia Rahui	9.44	2013/14
70m	J.Semmler	11.84	1977/78	70m	Georgina Kain	12.34	1979/80
100m	Yuew Baak	15.92	2021/22	100m	Georgina Kain	17.64	1979/80
200m	J.Semmler	34.6 (34.84)	1977/78	200m	Melanie Hollitt	37.8 (38.04)	1982/83
500m	Yeuw Baak	1.47.4	2021/22	500m	Lucy Warner	2.03.03	2017/18
60mH Old*	Amuda Allen Darren Billett	12.3 (12.54)	1991/92 1986/87	60mH Old*	Georgina Kain Melanie Hollitt	12.5 (12.74)	1979/80 1982/83
60mH Mini	Anthony Ciccarello	11.62	2021/22	60mH Mini	Elissa Ng	12.38	2022/23
400mW*	A.Casey	2.29.0		400mW*	D.Hollitt	2.26.9	1979/80
SP 1kg	Thomas Delaney	7.47	2024/25	SP - 1kg	Tina Simmons	5.61	1983/84
Disc - 350g	Maverick Grantham	19.18	2022/23	Disc - 350g	Isabella Zillante	15.12	2015/16
LJ	J.Semmler	3.51	1977/78	LJ	Georgina Kain	3.14	1979/80
HJ*	Amuda Allen	1.08	1991/92	HJ*	Melanie Hollitt	1.04	1982/83
Vortex	Thomas Delaney	26.00	2024/25	Vortex	Elissa Ng	17.28	2022/23

UNDER 8 BOYS				UNDER 8 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
40m*	Troy Osland James Serotzki	7.0 (7.24)	1993/94 2003/04	40m*	Kate Shierlaw Kelly Clement	7.2 (7.44)	1996/97 1996/97
50m	Liam Waters	8.9 (9.14)	2014/15	50m	A.Bogdanov Olivia Tremelling	9.2 (9.44)	2012/13 2012/13
70m	Joshua Henry	10.94	2016/17	70m	Jane Buhagiar	11.34	1974/75
100m	J.Semmler	15.44	1978/79	100m	Caroline Butler-Bowden	16.44	1976/77
200m	J.Semmler	32.2 (32.44)	1978/79	200m	Megan Rice	34.8 (35.04)	1978/79
400m	Joshua Henry	1.21.8 (1.21.94)	2016/17	400m	Maddison Graves	1.26.99	2019/20
500m*	Troy Osland	1.47.2	1993/94	500m*	Kelly Clement	2.00.0	1996/97
700m	Joshua Henry	2.31.51	2016/17	700m	Margot Tembel	2.44.45e	2017/18
60mH Old*	Simon Timoshanko	11.1 (11.34)	1991/92	60mH Old*	Megan Rice	11.8 (12.04)	1978/79
60mH	Rafael Sciancalepore	11.34	2025/26	60mH	Ava Van der Walt	12.33	2024/25
400mW*	F.Gavini	2.08.0		400mW*	Emily Shute	2.13.3	1979/80
SP 1.5kg	Sam Alberton	8.35	2003/04	SP 1.5kg	Isabella Zillante	5.96	2016/17
Disc - 500g	M.Semmler	23.82	1977/78	Disc - 500g	Tina Simmons	21.12	1984/85
LJ	Tomasi Ramanumanu	3.94	1994/95	LJ	Georgina Kain	3.44	1980/81
HJ*	Amuda Allen <i>B.McKinnon</i> <i>J.Semmler</i>	1.13	1992/93 1978/79	HJ*	Melanie Hollitt	1.12	1983/84
HJ Scissor	Gurnoor Singh Dillon	1.10	2023/24	HJ Scissor	Sarah Warner	1.07	2016/17
Vortex	Thomas Delaney	30.82	2025/26	Vortex	Elissa Ng	20.51	2023/24

UNDER 9 BOYS				UNDER 9 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
70m	Oliver Porter	10.34	2019/20	70m	Megan Rice	11.24	1979/80
100m	Amuda Allen	14.74	1993/94	100m	Sarah Warner	15.52	2017/18
200m	Amuda Allen	32.44	1993/94	200m	Susan Craig	32.2 (32.44)	1977/78
400m	Luke Warner	1.12.75e	2024/25	400m	Keeleigh Obst	1.19.2 (1.19.34)	2015/16
800m	Zachary White	2.44.60e	2021/22	800m	Sarah Warner	2.53.00e	2017/18
60mH Old*	Adam Hackett	10.3 (10.54)	1991/92	60mH Old*	S.Prior C. George	11.0 (11.24)	1980/81
60mH	Luke Warner	10.83	2024/25	60mH	Ava Van der Walt	11.32	2025/26
700mW	Orlando Grantham	3.58.99	2019/20	700mW	Liliana Gebiski	4.19.41e	2021/22
SP - 2kg	B.McKinnon	8.34		SP - 2kg	Daniela Vial	6.87	1979/80
Disc - 500g	J.Semmler	27.94	1979/80	Disc - 500g	Tina Simmons	22.04	1985/86
LJ	J.Semmler	4.07	1979/80	LJ	Sarah Warner	3.80	2017/18
HJ*	Amuda Allen	1.36	1993/94	HJ*	Kylie Montgomery Marcia Konecny	1.21	1994/95 1973/74
HJ Scissor	Orlando Rebeiro	1.22	2025/26	HJ Scissor	Ava Van der Walt	1.13	2025/26
Turbo Jav	Orlando Rebeiro	22.23	2025/26	Turbo Jav	Tora Kowald	14.82	2021/22

UNDER 10 BOYS				UNDER 10 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
70m	Yuew Baak	10.14	2024/25	70m	S.Prior	10.64	1981/82
100m	Tristan Rebeiro	14.54	1994/95	100m	Lauren McAleer	14.84	1995/96
200m	Ricky Semmler Tristan Rebeiro	30.0 (30.24)	1977/78 1994/95	200m	L.Richardson	30.0 (30.24)	1982/83
400m	Ricky Semmler	1.05.9 (1.06.04)	1977/78	400m	L.Richardson	1.09.9 (1.10.04)	1982/83
800m	Simon Petrony	2.31.5	1984/85	800m	Kylie Montgomery	2.45.4	1995/96
60mH Old*				60mH Old*			
60mH	Michael Cleland	10.94	1995/96	60mH	Lauren McAleer	11.64	1995/96
1100mW	Orlando Grantham	5.48.14	2020/21	1100mW	Elli Pusionjc	5.54.1	2015/16
SP - 2kg	Darren Billett	9.61	1989/90	SP - 2kg	Daniela Vial	8.47	1980/81
Disc - 500g	M.Semmler	35.94	1979/80	Disc - 500g	Tina Simmons	24.96	1986/87
LJ	J.Semmler	4.39	1980/81	LJ	S.Prior	4.38	1981/82
HJ*	Alex Anderson	1.45	2008/09	HJ*	Alison Kain	1.31	1976/77
HJ Scissor	Yuew Baak	1.31	2024/25	HJ Scissor	Paige Giatrakos	1.18	2024/25
TJ	Peter Rose	9.12	2000/01	TJ	Kelly Clement	8.51	1998/99
Turbo Jav	Hartley Dawes	21.40	2021/22	Turbo Jav	Tora Kowald	16.64	2022/23

UNDER 11 BOYS				UNDER 11 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
100m	Ashton Hong	13.66	2018/19	100m	Madeline Roos	13.64	2013/14
200m	Young Dayee	28.49e	2024/25	200m	Madeline Roos	28.64	2013/14
400m	Ricky Semmler	1.03.1 (1.03.24)	1978/79	400m	L.Richardson	1.06.0 (1.06.14)	1983/84
800m	Ricky Semmler	2.24.4	1978/79	800m	Susan Craig	2.31.3	1979/80
1500m	Ricky Semmler	4.51.4	1978/79	1500m	Susan Craig	5.17.9	1979/80
60mH Old*	M.Lange	10.1 (10.34)	1985/86	60mH Old*	Jane Buhagiar S.Prior	10.2 (10.44)	1977/78 1982/83
60mH*	Luis Lawrie-Lattanzio	10.3 (10.54)	2012/13	60mH	Madeline Roos	10.3 (10.54)	2013/14
80mH	Yuew Baak	12.96	2025/26	80mH	Macy Dawes	15.11	2019/20
1100mW	Orlando Grantham	5.40.2	2021/22	1100mW	Paige Hooper	5.54.4	2002/03
SP - 2kg	Patrick Beevor	10.29	1997/98	SP - 2kg	Daniela Vial	10.28	1981/82
Disc - 750g*	D.Cook	30.52		Disc - 750g*	Catherine Damen	25.27	2005/06
Disc - 500g	Orlando Grantham	32.49	2021/22	Disc - 500g	Cadence Tuhi	26.15	2024/25
Jav - 400g	Michael Cleland	26.98	1996/97	Jav - 400g	Claire Ward	22.56	2002/03
LJ	Patrick Harford	4.93	2001/02	LJ	Madeline Roos	4.67	2013/14
HJ	Yuew Baak	1.46	2025/26	HJ	Madeline Roos	1.42	2013/14
TJ	Yuew Baak	10.06	2025/26	TJ	Madeline Roos	9.80	2013/14

UNDER 12 BOYS				UNDER 12 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
100m	Ari Harris	13.40	2025/26	100m	Tali Cargin-Rowe	13.10	2017/18
200m	M. Tran	26.1 (26.34)	1986/87	200m	Joanne Frewin	26.3 (26.54)	1981/82
400m	Ricky Semmler	1.01.2 (1.01.34)	1979/80	400m	Joanne Frewin	1.01.7 (1.01.84)	1981/82
800m	M. Tran	2.18.1	1986/87	800m	Susan Craig	2.23.5	1980/81
1500m	Ricky Semmler	4.40.4	1979/80	1500m	Susan Craig	5.01.0	1980/81
60mH Old*	A. Giles	9.9 (10.14)		60mH Old*	Heidi Long	9.4 (9.64)	
60mH*	Luis Lawrie-Lattanzio	10.0 (10.24)	2013/14	60mH	Madeline Roos	10.51e	2014/15
80mH	Ari Harris	12.20	2025/26	80mH	Akon Baak	13.40	2020/21
1500mW	Thomas Dibbens	7.31.9	2009/10	1500mW	Mary-Anne Shute	7.47.9	1981/82
SP - 3kg*	Thomas Serotzki Nathaniel Damen	10.25	2003/04 2007/08	SP - 2kg	Daniela Vial	11.90	1982/83
SP - 2kg	Zac Zillante	9.88	2021/22				
Disc - 750g	M. Semmler	33.40	1981/82	Disc - 750g	Daniela Vial	28.20	1982/83
Jav - 400g	Thomas Serotzki	36.07	2003/04	Jav - 400g	Kate Shierlaw	29.08	2000/01
LJ	S. Apostolidis	5.12	1990/91	LJ	Heidi Long	4.94	
HJ	Ari Harris	1.61	2025/26	HJ	Akon Baak	1.50	2020/21
TJ	Ari Harris	11.17	2025/26	TJ	Tali Cargin-Rowe	10.68	2017/18

UNDER 13 BOYS				UNDER 13 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
100m	Shidharth Narayan	12.44	2004/05	100m	A. Noack	12.64	1973/74
200m	Shidharth Narayan	25.5 (25.74)	2004/05	200m	Ava Ward	27.09	2024/25
400m	Ian Sammells	58.5 (58.64)	1983/84	400m	Sarah Thomas	1.00.6 (1.00.74)	2003/04
800m	Kane Russell	2.16.9	2006/07	800m	Susan Craig	2.23.7	1981/82
1500m	Kane Russell	4.42.9	2006/07	1500m	Ana Jarmain	4.58.4	
80mH	Michael Cleland	12.84	1998/99	80mH	Kelly Clement	13.34	2001/02
200mH	Jack Erickson	30.14	2024/25	200mH	Pippa Hansen	29.70e	2017/18
1500mW	C. Rogers	8.27.5		1500mW	Mary-Anne Shute	7.52.6	1982/83
SP - 3kg	Shidharth Narayan	13.63	2004/05	SP - 3kg	Daniela Vial	11.52	1983/84
Disc - 1kg*	Thomas Serotzki	35.21	2004/05	Disc - 750g	Ashlee Smallwood-Simpson	35.98	2008/09
Disc - 750g	Zac Zillante	33.73	2022/23				
Jav - 600g	Thomas Serotzki	41.17	2004/05	Jav - 400g	Sara Jaric	35.01	2002/03
LJ	M. Norodom	5.73		LJ	Madeline Roos	4.89	2015/16
HJ	Sam Giatrakos	1.75	2001/02	HJ	Akon Baak	1.58	2021/22
TJ	Shidharth Narayan	11.62	2004/05	TJ	Akon Baak	10.73	2021/22

UNDER 14 BOYS				UNDER 14 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
100m	Rowan McClelland	11.94	2023/24	100m	Talia Cargin-Rowe	12.52	2018/19
200m	Ian Sammells	24.3 (24.54)	1984/85	200m	Talia Cargin-Rowe	25.80e	2018/19
400m	Ian Sammells	54.4 (54.54)	1984/85	400m	Sarah Thomas	1.00.2 (1.00.34)	2004/05
800m	Riley Konecny	2.12.0	2015/16	800m	Sarah Thomas	2.31.6	2004/05
1500m	Riley Konecny	4.39.0	2015/16	1500m	Linda Petherick	5.07.4	1984/85
90mH	Shidharth Narayan	12.84	2005/06	80mH	Ava Ward	13.37	2025/26
200mH	Jack Erickson	30.38	2025/26	200mH	Talia Cargin-Rowe	29.38e	2018/19
1500mW	Sam Mader	8.15.3	1998/99	1500mW	Caragh Thomas	8.01.0	2006/07
SP 3kg	Lachlan Graves	11.34	2024/25	SP 3kg	Daniela Vial	12.14	1984/85
SP 4kg*	Shidharth Narayan	13.10	2005/06				
Disc 1kg	Shidharth Narayan	42.74	2005/06	Disc 1kg	Daniela Vial	31.38	1984/85
Jav 600g	Thomas Serotzki	48.24	2005/06	Jav - 400g	Adrienne Konecny	42.65	2017/18
				Jav - 600g*	Kate Shierlaw	36.39	2002/03
LJ	Shidharth Narayan	6.53	2005/06	LJ	Astrid Bierer	5.05	1984/85
					Ava Ward	5.05	2025/26
HJ	Sam Giatrakos	1.82	2002/03	HJ	Akon Baak	1.60	2022/23
TJ	S. Apostolidis	12.53	1992/93	TJ	Carmen Tkalec	11.18	2004/05

UNDER 15 BOYS				UNDER 15 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
100m	Shidharth Narayan	11.64	2006/07	100m	Sarah Thomas	12.84	2005/06
200m	Shidharth Narayan	23.4 (23.64)	2006/07	200m	Sarah Thomas	25.5 (25.74)	2005/06
400m	Michael Cleland	53.5 (53.64)	2000/01	400m	Sarah Thomas	57.3 (57.44)	2005/06
800m	Matthew Macrae	2:09.15e	2025/26	800m	Sarah Thomas	2.28.2	2005/06
1500m	Andrew Saint	4.28.0	1983/84	1500m	Linda Petherick	4.56.0	1985/86
100mH	Shidharth Narayan	14.24	2006/07	90mH	Sarah Thomas	14.64	2005/06
200mH*	Matthew Thompson	26.9	2012/13	200mH*	Angela Wiseman	28.6	1996/97
300mH	Luis Lawrie-Lattanzio	43.3	2016/17	300mH	Pippa Hansen	53.8	2019/20
1500mW	Tyson Davey	7.16.6	1998/99	1500mW	Claire Woods	7.23.9	1995/96
SP 4kg	Shidharth Narayan	13.92	2006/07	SP 3kg	Daniela Vial	12.36	1985/86
Disc 1kg	Shidharth Narayan	45.49	2006/07	Disc 1kg	Daniela Vial	33.78	1985/86
Jav - 600g*	Shidharth Narayan	49.39	2006/07	Jav 600g*	Kate Shierlaw	37.84	2003/04
Jav - 700g	Rubin Davis	42.17	2024/25	Jav 500g	Adrienne Konecny	35.44	2018/19
LJ	Shidharth Narayan	6.50	2006/07	LJ	Akon Baak	5.26	2023/24
HJ	Greg Kavanagh	1.82	1984/85	HJ	Akon Baak	1.65	2023/24
TJ	Shidharth Narayan	12.76	2006/07	TJ	Akon Baak	11.13	2023/24

UNDER 16 BOYS				UNDER 16 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
100m	Rowan McClelland	11.40	2025/26	100m	Genevieve Brooks	13.14	2013/14
200m	Rowan McClelland	23.24e	2025/26	200m	Genevieve Brooks	27.2 (27.44)	2013/14
400m	Luis Lawrie-Lattanzio	54.26e	2017/18	400m	Genevieve Brooks	1.02.1 (1.02.24)	2013/14
800m	Riley Konecny	2.09.84e	2017/18	800m	Laura Dreyer	2.45.9	2006/07
1500m	Riley Konecny	4.18.24e	2017/18	1500m	Laura Dreyer	5.34.3	2006/07
100mH	Luis Lawrie-Lattanzio	13.38	2017/18	90mH	Gemma Tompkins	16.34	2016/17
200mH*	Matthew Thompson	27.6	2013/14	200mH*	Claire Ward	33.9	2004/05
300mH	Luis Lawrie-Lattanzio	40.31e	2017/18	300mH	Gemma Tompkins	56.99	2016/17
1500mW	Tyson Davey	6.52.8	1999/00	1500mW	Laura Dreyer	8.22.5	2006/07
SP 4kg	Shidharth Narayan	14.87	2007/08	SP 3kg	Kate Shierlaw	10.97	2004/05
Disc 1kg	Zac Zillante	48.94	2025/26	Disc 1kg	Claire Ward	29.26	2004/05
Jav 600g*	Shidharth Narayan	50.59	2007/08	Jav 600g*	Kate Shierlaw	36.39	2004/05
Jav 700g	Zac Zillante	27.20	2025/26	Jav 500g	Gemma Tompkins	25.41	2016/17
LJ	Shidharth Narayan	6.44	2007/08	LJ	Kristy Forster	4.82	2002/03
HJ	Zac Zillante	1.80	2025/26	HJ	Kate Shierlaw	1.60	2004/05
TJ	Shidharth Narayan	12.55	2007/08	TJ	Michelle Rose	9.95	2004/05

UNDER 17 BOYS				UNDER 17 GIRLS			
Event	Name	Result	Season	Event	Name	Result	Season
100m	Luis Lawrie-Lattanzio	10.94	2018/19	100m	Michelle Rose	14.64	2005/06
					Laura Dreyer		2007/08
200m	Matthew Thompson	24.1 (24.34)	2014/15	200m	Michelle Rose	30.8 (31.04)	2005/06
400m	Matthew Thompson	54.3 (54.44)	2014/15	400m	Genevieve Brooks	1.00.2 (1.00.34)	2014/15
800m	Riley Konecny	2.04.20e	2018/19	800m	Laura Dreyer	2.28.8	2007/08
1500m	Riley Konecny	4.13.90e	2018/19	1500m	Laura Dreyer	6.01.4	2007/08
110mH							
100mH	Matthew Thompson	14.44	2014/15	90mH	Laura Dreyer	18.54	2007/08
200mH*	Matthew Thompson	26.2 (26.44)	2014/15	200mH*	Michelle Rose	35.5 (35.74)	2005/06
300mH				300mH			
1500mW	David Cleland	8.08.0	2000/01	1500mW	Michelle Rose	8.16.4	2005/06
					Laura Dreyer		2007/08
SP 5kg	Matthew Thompson	9.67	2014/15	SP 3kg	Alison Hodby	8.38	2004/05
SP 4kg*	Wiktor Pilch	12.59	2007/08				
Disc 1.5kg	Matthew Thompson	29.95	2014/15	Disc 1kg	Alison Hodby	24.74	2004/05
Disc 1kg*	Wiktor Pilch	35.85	2007/08				
Jav 600g*	Wiktor Pilch	43.56	2007/08	Jav 600g*	Alison Hodby	24.09	2004/05
Jav 700g	Matthew Thompson	27.59	2014/15	Jav 500g			
LJ	Matthew Thompson	5.58	2014/15	LJ	Michelle Rose	4.48	2005/06
HJ	Konrad Pilch	1.65	2005/06	HJ	Michelle Rose	1.40	2005/06
TJ	Ryan Ng	11.53	2021/22	TJ	Michelle Rose	9.72	2005/06

NOTES

- * Denotes Discontinued Event
- e Denotes record broken with electronic timing
Times shown in brackets indicate manual time standardised to an electronic time. Original Manual Time shown
Records for track events 100m and below are shown as electronic.
Only electronic times will be considered for records for these events.
Manual timing will not be considered.

New Event Changes 19/20

Under 11 & 12 Hurdles - 60m Hurdles discontinued and replaced with 80mH

Age Group Changes 18/19

Anniversary date changed from age as at 30th September to age at 31st December

ELAC CENTRE RECORD POLICY

New centre records are now looked at with greater scrutiny and may not necessarily be ratified without further investigation.

Any possible centre records are checked carefully to ensure that errors have not been made in recording or measuring and the following procedure is used in determining whether a new centre record will be ratified:

- If previous results from the athlete show that there has been a big jump in performance – this could indicate an error in recording or measuring – the athlete's future performances will be monitored and if they are consistent with the record-breaking performance the record will be acknowledged.
- If no graded officials are present on the event, then ratification may be held back to compare it with some future performance with graded officials present.
- Generally, no walk records will be ratified if no graded officials are present for the event. This will apply in particular to the lower age groups where poor walking technique is common and athletes are prone to run rather than walk.
- Except for javelin and outside-track hurdle events commencing at 8:30 am, a club record cannot be achieved outside normal competition hours and conditions.
- Centre record performances achieved at State Association events, for example the State Individual Championships, will be recognised immediately as these events are run with graded officials on every event.

Further to the above, for a club record to be considered for ratification the following must be undertaken at the time a record is broken: -

- A prospective club record must be viewed and signed off on the recording sheet by a minimum of 2 committee members

- For Long Jump & Triple Jump, if a club record is broken, the event must stop immediately & 2 committee members called over to verify & measure that the distance jumped is correct.
- For High Jump, if a club record is attempted, the event must stop immediately & 2 committee members called over to verify & measure that the attempted height is correct prior to the record attempt.
- For throwing events, during the measuring process if a club record has been broken, 2 committee members must be called over to verify & measure that the distance thrown is correct.
- For inside track events (sprint & hurdle events 100m or less) the timing gate printout will be first checked by 2 committee members for disparity and to ensure that there has been no error or malfunction. Once this is verified both the printout and recording sheet will be signed off. The printout needs to be kept with the recording sheet and provided to the club recorder at the end of the meet.
- For outside track events (200m or greater) the printout from the stopwatch will be first checked by 2 committee members for disparity and to ensure that there has been no error or malfunction. Once this is verified both the printout and recording sheet will be signed off. The printout needs to be kept with the recording sheet and provided to the centre recorder at the end of the meet.
- For those that are close to achieving a centre record it is recommended that parents, athletes, or chaperones advise committee members that an athlete is nearing or attempting a centre record prior to the commencement of the event or meet.
- The above procedure must also be followed at meets held away from our centre (e.g., North East Challenge), noting that we must be respectful of the meeting host so as not to disrupt competition.
- Track events of 100 metres or less: Club records are based on electronic timing. Only electronically recorded times will be eligible for recognition as a club record; manually recorded times will not be considered.

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