

ENFIELD LITTLE ATHLETICS CLUB

CLUB POLICIES

2026–2027 season |

Status	Approved
Applies to	ELAC home meets, coaching, club activities and members
Policy owner	Enfield Little Athletics Club Committee
Proposed review	Annually, and whenever governing policies change
Contact	Secretary – ENF@salaa.org.au

Policy framework

Purpose: To provide clear, practical rules for the safe and consistent operation of Enfield Little Athletics Club activities.

Policy hierarchy: These club policies supplement, and do not replace, applicable Australian Athletics and Little Athletics SA policies, rules, regulations and legal obligations. Where there is an inconsistency, the higher-level requirement applies.

Decision-making: The ELAC Committee may modify, postpone or cancel any activity where conditions create an unacceptable risk to athletes, families, officials or volunteers.

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Club information: enfield.littleathletics.com.au | State policies: sala.org.au/policies

1. Weather and event cancellation

Safety takes priority. The Committee will consider the Bureau of Meteorology forecast, actual venue conditions, ground safety and the needs of athletes and volunteers.

Extreme heat – ELAC thresholds

- Wednesday coaching will be cancelled when the Bureau of Meteorology forecast is 35°C or higher in the Tuesday 4:00 pm forecast.
- Sunday home meets will be cancelled when the forecast is 38°C or higher in the Saturday 4:00 pm forecast.
- Friday twilight meets will be cancelled when the forecast is 38°C or higher in the Thursday 4:00 pm forecast.
- When temperatures are forecast in the high 30s, the Committee may shorten the program, change the timetable, reduce endurance events, rotate volunteers and increase rest, shade and hydration breaks.
- The Committee may cancel at a lower temperature if humidity, smoke, wind, air quality, venue conditions or other risks make participation unsafe.

Lightning

- Apply the 30/30 rule: if the time between a lightning flash and thunder is less than 30 seconds, stop activities and direct everyone to safe shelter.
- Activities must not resume until at least 30 minutes after the last audible thunder or until lightning has remained outside a 10 km radius for 30 minutes.
- Keep away from water, isolated trees and metal athletics equipment, including throwing cages, javelins, high-jump uprights and hurdles.

Wet weather and unsafe grounds

- The Committee will decide whether to continue, shorten, modify, postpone or cancel a home meet or coaching session.
- The decision will consider rain, wind, visibility, surface condition, standing water, equipment safety and participant welfare.
- Updates will be posted on the club website and Facebook page when practicable.

2. Sun safety and hydration

- ELAC encourages SunSmart practices at meets, coaching and competitions, including suitable hats, sunscreen, shade and protective clothing when appropriate.
- Athletes, officials and volunteers should arrive hydrated and drink regularly throughout activities.
- Shade should be used whenever available. Event timing, volunteer rotations and breaks may be adjusted in hot or high-UV conditions.
- Uniform requirements remain subject to the current Little Athletics SA Club Uniform Standard and competition rules.
- Anyone showing signs of heat illness must stop participating and be assessed promptly.

3. Child safety and supervision

- A parent or caregiver must remain at the venue while their child participates in a club meet, coaching session or club activity, unless an approved alternative arrangement is in place.
- Parents and caregivers must tell the age-group chaperone or a committee member about any relevant medical condition, medication or support need.
- Committee members, coaches and applicable volunteers must hold a current Working with Children Check where required and comply with the Little Athletics SA Child Safe Compliance Guide and current safeguarding requirements.
- Concerns about a child's safety or wellbeing must be reported promptly to a committee member or the Child Safe Officer. Immediate danger or suspected criminal conduct must be reported to the appropriate emergency or statutory authority.
- Images of children must only be taken, used and shared in accordance with current consent, safeguarding and Taking Images of Children requirements.

4. Conduct, inclusion and social media

- Athletes, parents, caregivers, coaches, officials, volunteers and spectators must behave respectfully and follow current codes of conduct.
- Bullying, harassment, discrimination, abuse, intimidation, unsafe behaviour and inappropriate language are not acceptable.
- ELAC welcomes children of all abilities and will make reasonable adjustments where practicable, while maintaining safety and the integrity of competition.
- Members using social media must protect children's privacy, avoid abusive or defamatory content and comply with current social-networking and safeguarding requirements.
- Questions or concerns should be raised with committee members. Complaints will be managed under the applicable national integrity and complaints framework.

5. Injury and emergency response

1. Stop the event or activity and make the immediate area safe.
2. Notify a committee member and contact the athlete's parent or caregiver.

3. Provide first aid within the responder's level of training and call 000 for a serious or life-threatening emergency.
4. Direct emergency services to the correct access point and keep the route clear.
5. Record and report the incident in accordance with club and Little Athletics SA requirements.

Equipment locations: The first-aid kit is in the canteen. The automated external defibrillator (AED) is in the clubrooms.

6. Life Membership

Purpose. Life Membership recognises an athlete or community member who has made an outstanding and sustained contribution to ELAC through service as an athlete, coach, committee member or volunteer.

Eligibility points

Contribution	Points
Athlete participation	1 point for each season
Official committee position: President, Secretary, Treasurer, Recorder or Registrar	2 points for each year
Other service to the club	1 point at Committee discretion
<ul style="list-style-type: none"> A nominee must earn at least 10 points under the criteria above. Athletes and members of the ELAC community may submit nominations to the Committee by 1 March each year. The Committee will consider nominations and may verify the nominee's service history before making a decision. Life Membership may be presented at the Annual General Meeting or the end-of-season presentation. 	

7. Centre records

Principle. A performance will only be ratified as an ELAC centre record when the Committee is satisfied that the event, measurement and timing were conducted correctly and the evidence is reliable.

General requirements

- A prospective centre record must be witnessed and signed on the recording sheet by at least two committee members.
- Ratification may be delayed where a performance is a substantial departure from the athlete's previous results or where qualified officials were not present.
- Walk records will generally not be ratified without appropriately qualified officials present.
- Except for programmed javelin and outside-track hurdle events commencing at 8:30 am, a record cannot be achieved outside normal club competition hours and conditions.
- Performances achieved at recognised Little Athletics SA competitions may be accepted where official results verify the performance.

Event verification

- Long jump and triple jump: stop the event and have two committee members verify and remeasure the distance.

- High jump: before the record attempt, have two committee members verify the bar height.
- Throws: have two committee members verify and remeasure the distance before the mark is disturbed.
- Inside-track events of 100 m or less: two committee members must check the timing-gate printout for errors or malfunction and sign the printout and recording sheet.
- Track events of 100 metres or less: Club records are based on electronic timing. Only electronically recorded times will be eligible for recognition as a club record; manually recorded times will not be considered.
- Outside-track events of 200 m or more: two committee members must check the printing-stopwatch record for errors or malfunction and sign the printout and recording sheet.
- Timing printouts must be retained with the recording sheet and provided to the Recorder at the end of the meet.
- At away meets, follow the same verification procedure without disrupting the host club's competition.

Current records are published on the ELAC website: enfield.littleathletics.com.au/records

8. Related external policies and review

Little Athletics SA policies: <https://salaa.org.au/policies/>

Little Athletics SA competition rules and regulations: <https://salaa.org.au/competition-rules-regulations/>

Australian Athletics Weather Policy: Available through the Little Athletics SA policies page

ELAC website: <https://enfield.littleathletics.com.au/>

Review and approval

- The Committee should review this document annually before the summer season and whenever a governing policy changes.
- Operational contact details and equipment locations should be checked at each annual review.
- Material amendments should be recorded in the version history and communicated to members.

Approved by	ELAC Committee
Approval date	15/09/2026
Effective date	15/09/2026
Next review	15/09/2027